



REQUIREMENTS OF PHYSICAL EDUCATION (FULL-TIME)

Sports and competition opportunities for students and instructors are coordinated at the university level by the Institute of Physical Education and Sports.

Information about the subject of physical education:

- The physical education subject for students admitted in the 2023/2024 academic year is changed to a 1-credit course, which is evaluated in a three-level system (failed, passed, excellently passed)
- Number of compulsory semesters:
 - BSC training 4 semesters
 - MSC training 2 semesters
 - FOSZK training 1 semester
- The conditions for accepting the semester and assigning the grade are the same at all locations!
 - Excellent grade: active participation in at least 10 sessions.
 - Adequate grade: active participation in at least 5 sessions.
 - Failed: less than 5 active participation in the sessions.
 - The following can also be counted: participation in competitions organized at various levels, as well as regular participation and competition in any department of the University.
- The sports equipment can be freely chosen.
- Structure of classes: warm-up at the beginning of the class, followed by the class according to the course.
- Competitive athletes can be exempted from participating in the session, as well as students suffering from a serious illness based on the recommendation of a specialist (information: <https://uni-obuda.hu/tsi-dokumentumok/>). The exemption request and the attached certificates must be submitted to the teacher teaching the course by the end of the 3rd week of the study period.

Sports opportunities within the institution, which can even be substituted for physical education

Sports opportunities in the departments of Kandó SC and Óbuda University

Application and detailed information about membership:

Ákos Hiervarter, email: hiervarter.akos@uni-obuda.hu, or on the kandosc.hu website

Competition opportunities (also physical education opportunities)

Within the institution:

- ÓE Home championships, cups,
- ÓE Sports day: volleyball, kempo, women's and men's basketball, handball, table tennis, soccer, futsal, bench press, tennis, ergometer rowing, chess.

Between institutions:



ÓBUDAI EGYETEM
ÓBUDA UNIVERSITY

- BEFS Budapest Regional University Sports Competitions.
- Technical Higher Education Sports Days
- National competitions between MEFS Higher Education Institutions.
- Carpathian Basin Universities Cup
- National Championships
- Mass sports events (Marathon, half-marathon, UltraBalaton, Lake Balaton swimming, etc.)

Budapest, 31/08/2023

Ákos Hiervarter
Institute of Physical Education and Sports
Director

